



**Bideford Amateur Athletic Club.
Risk Assessment.**

Names of committee Bideford AAC Main Club Committee.		Signature Bideford AAC Main Club Committee.	Date of risk assessment: 17/05/2021 Review date each committee meeting Revisions listed at end of RA
Proposed Activity / Re opening of the hall.			Date/s of visit/activity: Start date 17/05/2021
Risk assessment declaration:			
Identify the hazard	Identify who might be harmed	Standard Operating Procedures These control measures will apply to <u>EVERY CLUB MEMBER</u>	Enhanced Risk Assessment The Committee should consider if the RA is adequate for the proposed /activity. Where they are not, the additional control measures should be listed below..

Committee RA for re-opening of hall.
Do not come to the clubhouse if you, someone in your household (including support bubble) or anyone you have been in contact with, shows Covid-19 symptoms, such as dry cough, high temperature or loss of taste. Or you are self-isolating following government guidelines/NHS Test and Trace. You should stay home, if you become symptomatic you should report this to the club.

Opening of Bideford AAC Hall	Members	<p>Measures put in place. All activities will be undertaken in accordance with the Planning and will be changed at any time pending Committee/Government decision.</p>	<p>REVIEW DATES/ FURTHER INSTRUCTIONS.</p>
Entering the Clubhouse	Members Only	<p>Do not come to the clubhouse if you, someone in your household (including your support bubble) or anyone you have been in contact with has tested positive for COVID-19, has any symptoms or if you are self-isolating following government guidelines/NHS Test and Trace. You should stay at home. If you become symptomatic and have been to the clubhouse you should report this to the club immediately.</p> <p>If you have travelled abroad, please follow Government self-isolation guidelines before coming to the club. If self-isolation is not required, please allow 48 hours before returning.</p> <p>Use of hall/equipment must be booked with Tracey Pearce. An allocated time slot will be given, and times must be kept. NO BOOKING CAN BE MADE FOR WEDNESDAY MORNINGS DUE TO FULL CLUB CLEANING.</p> <p>Groups of no more than 6 will be allowed at any one time for hall training.</p>	<p>TP will clean around empty times on timetable. No Wednesday morning bookings due to Full Club cleaning.</p>

		<p>Follow Signs and Posters, please read the list each time you enter as we will be updating at all times.</p> <p>Doorways and entrances will be no-stop areas and will be marked with crossing, you must follow the arrows and signs displayed at all times</p> <p>Adhere to social distancing guidelines and follow the clubhouse arrows and signs at all times. A face covering must be worn at all times while moving around the clubhouse and boathouse.</p> <p>On entering the clubhouse use the hand sanitiser which will be clearly labelled and available at various locations throughout the clubhouse.</p> <p>Every member will need to sign in by providing your name and contact details for Track and Trace (after 21 days details will be destroyed, see the Bideford AAC Privacy Policy) and/or checking in using the official NHS QR code poster with the NHS COVID-19 app.</p> <p>Harriers please sign in and follow the Running Group rules and Risk Assessment.</p> <p>Rowers please sign in and follow the Rowing protocol and Risk Assessment.</p> <p>There is no changing, showering or storage facilities for any belongings (even keys).</p>	<p>BW will check tape still on the floor and cleaning/hand sanitiser is available</p> <p>The committee will keep this under constant review.</p> <p>TP Club secretary will have registers after each session. After 21 days shred.</p>
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		<p>Members entering the club to use the toilet must wear a face covering, use hand sanitiser and sign in using the above procedure. If the hall is in use please ask if ok to enter. If no one is using facilities and/or members in the hall are ok for you to enter please only use marked walkway and follow arrows. Do not stop and talk to anyone using the hall.</p> <p>If runners choose to use the clubhouse as a meeting point, please meet outside in groups of no more than 30 and maintain social distancing at all times.</p>	
Training in the hall	Members	<p>Doorways and entrances will be no-stop areas and will be marked with crossing to maintain social distancing. Please follow the arrows and signs displayed at all times.</p> <p>No member will be allowed into the hall unless they have a pre-booked session.</p> <p>Groups of no more than 6 will be allowed at any one time for hall training.</p> <p>This is to keep numbers low and be able to keep track of who has used the club.</p> <p>No juniors will be allowed into the hall to train without their respective club coach. This is a previous Club rule.</p> <p>All equipment must be cleaned before and after use. This will have to be done within your allocated times. It is each club member's responsibility to clean equipment before and after please don't rely on the person/group before you.</p>	The committee will keep this under constant review.

		We must all clean to help prevent transmission on surfaces.	
Changing and facilities	Members	<p>Arrive ready to train, there are no changing or showering facilities. DO NOT USE TOILETS FOR CHANGING.</p> <p>Please limit personal items brought into the club when using the hall/equipment, bring your own full water bottle as the kitchen will be closed.</p> <p>Any items left in the hall will be disposed of.</p> <p>Please leave the club as soon as your session/time is up.</p>	

Revisions:

17 May 2021 – update due to Government Guidelines

24 September 2020 – update due to Government Guidelines

4 August 2020 – update due to Government Guidelines

17 July 2020 – first revisions