

## 10k Blue Medal

Position	Full name	Club	Time
1	Chris Knight	Hazlemere Runners	00:43:18
2	Gary Evans		00:48:47
3	Emma Lucas		00:51:30
4	Wayne Preece	Clwb Rhedeg Maesteg	00:52:03
5	Tim Abberley		00:54:56
6	Stephen Roberts		00:55:16
7	Wayne Washbrook		00:55:48
8	Sean Daly		00:57:00
9	David Albans	Lincoln & District Runners	00:57:09
10	Nicki Wolfe		00:58:53
11	Will Slocombe		00:58:53
12	Tim Cuckston	Tavistock AC	00:59:21
13	Tom Rossiter		00:59:39
14	Vicky Blundell		01:02:02
15	Karen Bowes		01:03:05
16	Emma Collins	Looe Pioneers	01:03:55
17	Elizabeth Sorensen	Taunton Just Run	01:04:00
18	Emmy Sale		01:04:00
19	Samuel Heard		01:04:44
20	Nick Glover		01:06:48
21	Lucy Rossiter		01:07:15
22	Maureen Rothery	Lonely Goat RC	01:10:00
23	Debbie Ashton	Bere Alston Trekkers	01:10:22
24	Julie Gregory	Looe Pioneers	01:10:40
25	Coleen Manuel		01:12:51
26	Lucy Halford		01:16:19
27	Tanya Argue	Bere Alston Trekkers	01:22:02
28	Richard Pope		01:23:16
29	Judith Cuckston	Tavistock AC	01:24:24
30	Megan Saunders	Just Jog Bideford	01:29:00
31	Georgia New		01:43:22
32	Angela Harrison	Looe Pioneers	01:44:36
33	Doreen Gubb		01:47:04
34	Jenny Palmer	Taunton Running Club	01:55:00
35	Samantha Harte Latremouille	Bere Alston Trekkers	02:07:27
36	Steven Chapman		04:52:28

## 10 Mile Blue Medal

Position	Full name	Club	Time
1	Ian Partridge	South West Road Runners	01:31:42
2	Nick Glover		01:36:00
3	Tim Abberley		01:37:09
4	Sean Daly		01:39:00
5	Tom Rossiter	North Devon Triathletes	01:39:00
6	David Albans	Lincoln & District Runners	01:39:37
7	Wayne Washbrook		01:43:00
8	Martin Rawle		01:43:27
9	Nicki Wolfe		01:43:35
10	Will Slocombe		01:43:35
11	Maureen Rothery	Lonely Goat RC	01:45:00
12	Karen Bowes		01:45:41
13	Christina Baldock	Ealing Eagles Running Club	01:47:11
14	Lucy Rossiter		01:48:30
15	Coleen Manuel		01:50:26
16	Tanya Argue	Bere Alston Trekkers	01:53:50
17	Emmy Sale		01:59:05
18	Debbie Ashton	Bere Alston Trekkers	02:00:01
19	Vicky Blundell		02:04:37
20	Kirsty Gamage		02:05:54
21	Sarah Copp		02:13:17

## Half Marathon Blue Medal

Position	Full name	Club	Time
1	Brett Bader		01:24:11
2	Suzanne Hooper	Fremington Trailblazers	01:53:19
3	Carly Cutts Hammond		01:54:46
4	Rachel Buller		01:56:00
5	James Merriman	Lonely Goat RC	01:56:09
6	Wayne Washbrook		02:05:41
7	Sabrina Hodge	Bideford AAC	02:08:10
8	Sean Daly		02:09:00
9	Nicki Wolfe		02:09:40
10	Will Slocombe		02:10:58
11	Maureen Rothery	Lonely Goat RC	02:12:53
12	Bridget Hardy	South Molton strugglers	02:13:46
13	Kelly Ashmore		02:14:47
14	Charlotte Chidley	Holsworthy Running Club	02:17:00
15	Emmy Sale		02:22:36
16	Dean Evans		02:24:00
17	Karen Bowes		02:27:40
18	Nick Glover		02:30:13
19	Nicky Stockham		02:34:38
20	Tom Rossiter		02:53:00
21	Naomi Chapman		03:05:50
22	Megan Saunders	Just Jog Bideford	03:39:00