

## Bideford AAC Junior Running Group Risk Assessment for Morton Park/Bideford College facilities.

All Bideford AAC Junior Coaches have read Bideford College RA.

Date: 16/05/21

Review Date: Committee meetings

Signed: Junior Coaches.

These control measures will apply to EVERY CLUB JUNIOR MEMBER

Do not attend junior training groups if you, someone in your household (including your support bubble) or anyone you have been in contact with has tested positive for COVID-19, has any symptoms or if you are self-isolating following government guidelines/NHS Test and Trace. You should stay at home. If you test positive or become symptomatic and have attended training groups runs you must report this to the club immediately.

If you have travelled abroad, please follow government self-isolation guidelines before coming to a group run. If self-isolation is not required, please allow 48 hours before returning.

Hazard	Risk to	Controls taken	Actions.
Track & Trace	Members & Parents	<p>Nobody allowed in training facilities until 6pm.</p> <p>Register (Track &amp; Trace) taken at Moreton Park gate or Bideford College reception.</p> <p>Please bring your child to Moreton Park gates or Bideford College reception and sign in at 6pm.</p> <p>Athletes will be told which coach to stand with. You can leave your child with their Coach.</p> <p>Please be at Moreton Park or Bideford College reception for 6.50pm for collection.</p>	<p>LP will stand by Moreton Park gate or in Bideford College reception.</p>

Social distancing.	Members & Parents	<p>Groups will be 2:12 (2 coaches: 12 juniors) Keeping 1m plus between each Junior. Coaches to remain 2m away at all times, if it is needed to move closer to an athlete the coach will put on a face covering.</p> <p>No sharing of drink bottles and keep spare clothes with your adult.</p> <p>Parents/Carers do not have to stay whilst their child is training, however, please ensure we have an up-to-date contact number and be within 10 minutes of Morton Park or Bideford College in case we need to contact you urgently.</p> <p>Please ensure you return by 6.50pm to collect your child.</p>	<p>Keeping up to date with our Club Committee Rules, UKA and Government guidelines.</p>
Facilities	Members	<p>At the present time there will be no facilities open at Morton Park - no changing rooms or toilets.</p> <p>Bideford College have use of a toilet however only one child at a time and will have to have an adult accompany them.</p>	<p>Shortened sessions to help with no facilities.</p> <p>On site at 6pm and off site by 7pm.</p> <p>No waiting around at the end of sessions.</p> <p>Wipes/cleaning products to be taken to the facilities at all times.</p>
First Aid	Members	<p>First aid kits will be available and can be administered by a coach in full PPE.</p>	<p>First aid bag to be left with LP for coach to use if at Morton Park.</p>

			<p>At Bideford College we will have our first aid bags.</p> <p>Please ensure all contact phone numbers are up to date and parents are no more than 10 minutes away.</p>
Session Times	Members	<p>We will be at Moreton Park gate or Bideford College reception and coaches in place for 6pm.</p> <p>Juniors will be ready to be returned to Parents/carers at 6.55pm so the facilities will be empty by 7pm.</p> <p>Sorry but at the moment we can only train and not use the facilities for a social gathering.</p>	
Group Activities	Members	<p>We will be using our training time for Sprints/Middle distance and long distance. We will not use any equipment.</p>	<p>Review when using the hall.</p>

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