

10k Silver Medal

Position	Full name	Club	Time
1	Bertie Kingsley	Exeter University Athletics Club	00:45:04
2	Wayne Preece	Clwb Rhedeg Maesteg	00:50:15
3	Jessica Giddy		00:50:26
4	Mike Westland	Okehampton RC	00:51:00
5	Ian Partridge	South West Road Runners	00:51:35
6	Jon Tiffen		00:51:43
7	James Pither	Just Run Taunton	00:52:05
8	Nick Masters		00:52:52
9	Nigel Worth		01:01:53
10	Clare Arthur	Fremington Trailblazers	01:02:00
11	Colin Mitchell	Bideford AAC	01:02:40
12	Dean Evans		01:03:00
13	Carol Sene	Women on the Run	01:03:01
14	Lukasz Miecznikowski		01:03:42
15	Karen Bowes		01:04:00
16	David Hart		01:04:01
17	Nicky Stockham		01:06:00
18	Jude Millage	Ilfracombe Running Club	01:07:34
19	Julia Fuery	Just Jog Bideford	01:07:50
20	Shajeev Wanigasekara		01:08:55
21	Jacek Wozny		01:10:00
22	Sarah Styles-Power		01:10:30
23	Julie Laing		01:12:06
24	Dawn Walker		01:12:30
25	Victoria Woolf		01:13:07
26	Donna Knight		01:17:06
27	Jagroop Moore		01:32:27
28	Gursahib Gill		01:33:37
29	Victoria Barnes		01:51:00
30	Steven Chapman		03:15:38

10 Mile Silver Medal

Position	Full name	Club	Time
1	James Pither	Just Run Taunton	01:16:45
2	Bertie Kingsley	Exeter University Athletics Club	01:20:30
3	James Pither	Just Run Taunton	01:22:00
4	Jon Tiffen		01:25:39
5	Nick Masters	Hayle Runners	01:26:25
6	Jessica Giddy		01:27:01
7	Chris March	Fremington TrailBlazers	01:36:59
8	Nigel Worth		01:40:47
9	Jude Millage	Ilfracombe Running Club	01:43:24
10	Kelly Holder		01:47:03
11	Julie Bendle		01:48:04
12	Lisa Price	Just Jog Bideford	01:48:41
13	Chris Ward	Taunton Running Club	01:53:00
14	David Hart		01:53:55
15	Samantha Arscott		02:05:00
16	Donna Knight		02:10:34
17	Julie Laing		02:10:34
18	Jessica Swann-Piper		02:11:14
19	Richard Davey	TDK Lambda UK	02:20:23

Half Marathon Silver Medal

Position	Full name	Club	Time
1	Brett Bader	Epilepsy Research UK	01:33:02
2	James Pither	Just Run Taunton	01:45:18
3	Huw Clark		01:48:02
4	Nick Masters		01:53:22
5	Ian Moon		01:56:57
6	Ed Bryant	Bideford AAC	01:59:40
7	Andrew Smith		02:01:58
8	Ian Partridge	South West Road Runners	02:02:00
9	Jo Bradford	Okehampton RC	02:03:53
10	Damian Fletcher		02:04:44
11	Chris March	Fremington TrailBlazers	02:06:07
12	Lukasz Miecznikowski	Polski Biegacz	02:07:26
13	Jessica Giddy		02:09:54
14	Jude Millage	Ilfracombe Running Club	02:19:58
15	Nigel Worth		02:20:45
16	Richard Pearce		02:23:06
17	Verity Lamerton	Just Jog Bideford	02:30:30
18	Jonathan Vincent		02:32:28
19	Katie Snowball	Just Jog Bideford	02:32:28
20	Dawn Walker	Women on the run	02:32:59
21	Nicky Stockham		02:35:14
22	Andre Pollard	Bude Rats (Run and Tri)	02:35:35
23	Kelly Holder		02:37:18
24	Julia Fuery	Just Jog Bideford	02:38:12